

Opioid Use for Pain Management Across Generations

Millennials:
18-36

Gen Xers:
37-52

Baby Boomers:
53-71

Silent Generation:
72-92



Baby Boomers
are **2 times**
more likely

than Millennials to have
used opioids to treat pain



Baby Boomers
& the Silent
Generation

are more likely to choose
over-the-counter drugs



Millennials
& Gen Xers

prefer to manage chronic
pain by making changes
to their lifestyle



1 in 5
Millennials

regret using opioids



Nearly 30%
of Millennials

think it is OK to take
opioids without a
prescription



1 in 10
Millennials

obtained opioids
inappropriately through
a household member's
prescription



60% of
Millennials

have experienced
chronic pain



1 in 10
Millennials

know someone who
obtained opioids not
prescribed to them



1 in 5
Millennials

say they don't know
the best method for
disposing leftover opioids